

Catalysts For Change



Floods, fires, weather changes, global pandemics, extinctions: are you sick of growing up in a collapsing climate? Feeling alone as you try to be “good”, recycling, eating less meat, riding your bike? Bored of waiting for politicians to wake up and save us? Your generation needs YOU in the fight for our future!

The Catalysts for Change Educational Programme will unite young new motivated activists aged 15-25 from the Nordic and Baltic Sea region to learn together and skill up to be frontrunners of climate action. The online course is designed and run by young activists from the ReGeneration 2030 network: by youth, for youth.

You are not alone. Throughout our history, collective action by young people has ended dictatorships, brought down slavery, and changed whole economic systems for the better. Together, we can catalyse real change, and build a future worth fighting for.

During the online course, you will connect with a group of 25 like-minded youths to learn and grow. Upon successful completion of the course, you will:

- ✓ Understand climate change: what's happening, and what's causing it
- ✓ Be inspired by collective action success stories
- ✓ Get challenged to reach out into your community and find other people who are already fighting for change
- ✓ Gain the skills you need to make positive change happen
- ✓ Take real action for a more sustainable community/town/country in small groups or individually through an independent summer project

What's in the Programme?

The course will be divided into 4 online workshops and 2 in-person residential meet-ups. It will be jam-packed with expert speakers, experienced activists and real-life examples from around the region, so it's really important that you are available to attend all of them! You are more likely to be offered a place if you can attend all the workshops.

Date	Location	Workshop
Saturday, 15th February	Online	Change the System, Not the Climate
Saturday, 22nd February	Online	Getting Active and Finding Others
Saturday, 15th March	Online	Strategies for Change
Friday 28th - Sunday 31st March	IN PERSON - Location TBC	Catalyst Skills Bootcamp

Independent project - be brave and catalyse change!

Saturday, 31st May	Online	Project Check-in
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Independent project - be brave and catalyse change!

Saturday 23rd - Tuesday 26th August	IN PERSON - Åland Islands, Finland	Reflection Session Graduation Ceremony
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Can I Apply?

You can apply to the training if you:

- ✓ Are 15-25 and live in the Nordic or Baltic Sea Region
- ✓ Speak and understand English
- ✓ Have access to internet connection
- ✓ Are available to attend most or all of the sessions
- ✓ Are ready to be brave and try and catalyse change this spring + summer!

How Do I Apply?

Fill out this application form no later than **February 2nd, 2025**.

What boosts your chances of getting into the programme?

The programme is open to all new motivated activists! In particular, we encourage you to apply if you:

- ✓ Reside in Norway, Poland, Denmark, Greenland, Åland or Faroe Islands

These regions are prioritised because we see a need for a larger climate movement there.

- ✓ Participate with a friend or as a group

We appreciate participants studying as a pair or a group to achieve their best performances.

- ✓ Have working-class family backgrounds

Our goal is to engage participants from diverse backgrounds so that everyone's voice can be heard. Commonly, people from the working class are renowned for not being a part of the climate movement and therefore can't advocate for their rights although the climate crisis affects them the most.

- ✓ Come from Indigenous communities

Apply now!

